



April 22, 2020 @ Capitol Plaza
9:00 am-4:30 pm.

Alcohol, tobacco, vaping, opiates- what's a Brain to do?

This workshop will explore the impact of substances on the Brain, and how we work with someone, respectfully, who has an addiction.

Participants will leave with hands-on-skills to use with their clients. Each hour we will work in groups, pairs, or triads to discuss clinical situations and applicable tools to use with our clients.

One area we will review is the impact of marijuana/vaping/CBD on the brain. Participants will leave with six specific tools that can be used to engage clients.

- 9:00-9:15 Welcome & Introductions
- 9:15-9:45 Mental Health vs Mental Illness
- 9:45-10:30 3 Common Mis-used Substances & The Continuum of Use
- Break 10:30 – 10:45 am.
- 10:45-11:15 What's new in Vermont, in our Treatment world? What other questions should we be asking our clients? An overview of the Brain's functions
- 11:15-12:00 Addiction & the Marijuana Brain. It's connection to Depression & Suicide
- Lunch: 12:00 pm to 1:00 pm
- 1:00-1:30 Ethics/Supervision/Policy & Procedures
- 1:30-2:00 Treatment Planning: Case Study Discussion/ small group and large group discussion
- 2:00-2:30 What is healing? In partners
- Break 2:30 – 2:45pm
- 2:45-3:15 How to use supervision
- 3:15-3:45 Spirituality-working in pairs
- 3:45-4:15 Common issues – technology, follow up
- 4:15-4:30 Evaluations & Wrap Up