

Trends and Innovations in Adolescent and Family Substance Abuse Treatment

This training explores current trends and dynamic practices within adolescent and family treatment and support. This includes a developmentally-matched, family-focused and interdisciplinary framework that capitalizes on youth and family motivation and resilience, uses creative engagement strategies, and increases access to treatment services to promote the health and wellness of youth and families. With examples from this Multidimensional and Multimodal Model (MDMM)[®] of Support for Parents, Families, and Caregivers, this training also identifies guiding principles and practices that can be applied within any service environment to ensure high quality, client-driven, and partnered services with youth and families. This training day draws from the *institute model*, including a morning presentation/exploration of principles, practices, and strategies - followed by an afternoon of 'real-life' application within participants' practice settings. Participants will receive – and should come prepared to discuss – an article and supporting materials that will be provided prior to the training day.